

Hastings On Hudson
Recreation Department
presents:

Introduction to Fencing

At the James Harmon Community Center
With Coach Mio David, Fencing Academy of Westchester

For Adults and Students Grades 2 – 6

Join our fencing program and learn about this exciting and noble sport! The fundamentals and rules as well as the parts of the foil, how to hold it, and the on-guard stance will be introduced. Classes are taught by using plenty of methods to improve speed and coordination, discipline, balance, quick reflexes, mental acuity, and good sportsmanship.

If you are interested in fencing this is the place to start. All equipment is provided.

If 2 family members are interested in participating, the second family member will receive a discount of 15%!!

Grades 2 – 6
4:30 – 5:30pm
Tuesdays
September 18,
No Class 25th
October 2, 9, 16,
23, 30
November 13,
20
\$330.00



Adults
6:30 – 7:30pm
Tuesdays
September 18,
No Class 25th
October 2, 9, 16,
23, 30
November 13,20
\$330.00

Registration can be done online at: www.hastingsrecreation.org
or in person at the James Harmon Community Center, 44 Main Street

For further information, please contact the Recreation Department:

Recreation@hastingsgov.org

(914) 478-2380

Village of Hastings on Hudson
Recreation Department
Fencing Class

Name: _____ Address: _____

Phone #: _____

DOB: __/__/____

Email Address: _____

Jacket Size (Adults only): Small Medium Large

In consideration of accepting this registration form, I the undersigned, for myself, my executors, administrators and assignees, do hereby discharge Hastings Recreation Department, and any and all sponsors, organizers and their representatives and successors from all claims of damages, demands, actions and causes of action whatsoever, in any manner arising or growing out of my participation in said program. I further attest that my child is physically qualified to participate in the program.

Parents or Participant

Signature: _____

Date: _____