

SEPTEMBER 2019 HASTINGS SENIOR CALENDAR

MONDAY

2

Labor Day

Village Offices Closed

9

11:00 a.m.-Chair Yoga
12:00 p.m.-Bridge
1:00 p.m.-Busy Bees
Senior Club (Bingo)

16

11:00 a.m.-Chair Yoga
12:00 p.m.-Bridge

**No Bingo-Trip to
FDR House**

23

11 a.m.-Chair Yoga
12:00 p.m.-Bridge
1:00 p.m.-Busy Bees
Senior Club (Bingo)

30

11:00 a.m.-Chair Yoga
12:00 p.m.-Bridge
1:00 p.m.-Busy Bees
Senior Club (Bingo)

TUESDAY

3

Shopping Trip to:
**Stop and Shop and
Sterling Bank-Ardsley**
12:00 p.m.-Current
Events Group

10

11:00 a.m.-Senior
Sneakers
Shopping Trip to:
Stop and Shop
12:00 p.m.-Current
Events Group

17

Shopping Trip to:
Stop and Shop
No Senior Sneakers
12 p.m.- Current
Events Group

24

Shopping: Trip to:
Stew Leonard's
11 a.m.-Senior
Sneakers
12 p.m.-Current
Events Group

**The Nutrition site in
Dobbs Ferry is open
Monday-Friday for
lunch. Our bus is
available to take you**

WEDNESDAY

4

Shopping Trip to:
ShopRite-Central Ave.

11

10 a.m.-Mat Yoga
11 a.m.-Chair Yoga

Shopping Trip to:
ShopRite-Central Ave.

18

10 a.m.-Mat Yoga
11 a.m.-Chair Yoga
No Shopping
Trip to:
**Village Fair-Mt.
Pleasant -see flyer**

25

Shopping Trip to:
**ShopRite-Central
Ave.**

10 a.m.-Mat Yoga
11 a.m.-Chair Yoga

THURSDAY

5

1:00 p.m.-Drop-In
Bingo

12

11:00 a.m.-Aerobics
1:00 p.m. -Senior
Canteen (Bingo)

19

No Aerobics
1:00 p.m.-Senior
Canteen (Bingo)

26

11 a.m.-Aerobics
1:00 p.m.- Senior
Canteen (Bingo)

FRIDAY

6

**Shopping Trip to:
Kmart/Home Goods**

**Call by 9:15 for all
Shopping Trips**

13

11 a.m.-Tai Chi
**Shopping Trip to:
Trader Joe's/
Marshall's/Xmas
Tree Shop**

20

10 a.m.-**Breakfast-
Community Center**
11 a.m.-Tai Chi
(downstairs)
**Shopping Trip to:
Barnes and Noble**

27

11 a.m.-Tai Chi
**Shopping Trip to:
Ridge Hill
Shopping Center**



**For information
and transportation
call 478-2380 Ext. 0**

Anne is Ext. 644



**Exercise begins Sept. 9th, Sept. 16th-FDR Trip, Sept. 18th-Village Fair,
Sept. 20th-Welcome Back Breakfast, Sept. 24th-Lunch and Learn. Oct. 1st Train/Boat Trip**