### DECEMBER 2021 HASTINGS SENIOR CALENDAR

#### MONDAY
- **For Anne call**
  478-2380 Ext. 644.
- **For All Office Staff call**
  478-2380 Ext. “0”
- **11:00 Senior Sneakers**
- **12:30 Busy Bees Bingo**

#### TUESDAY
- **11:00 Chair Yoga**
- **11:00 Current Events via Zoom**
- **12:40 Walk at Tarrytown Lakes**

#### WEDNESDAY
- **Shopping Trip to:**
  - **Apple Farm and Trader Joe’s**
  - **11:00 Aerobics**
- **Shopping Trip to:**
  - **ShopRite**
  - **11:00 Aerobics**

#### THURSDAY
- **10:00 Mat Yoga**
- **11:00 Chair Yoga**
- **12:30 Canteen Bingo**

#### FRIDAY
- **Directions to Tarrytown-Rte. 9 north. Make right to Neperan Rd. (Main St. is to the left). Follow to parking lot on left**
- **Directions to Irvington-Rte. 9 north to Irvington. Make left to Main St. Parking is free on Main St.**
- **For Hastings Aqueduct-park on Aqueduct Lane**

#### NO SENIOR PROGRAMS
- **11:00 Chair Yoga**
- **11:00 Current Events via Zoom**
- **12:30 Walk on Hastings Aqueduct-will walk north**

#### SHOPPING TRIPS
- **Shopping Trip to:**
  - **ShopRite**
  - **11:00 Aerobics**
- **10:00 Mat Yoga**
- **11:00 Chair Yoga**
- **12:30 Canteen Bingo**

#### EVENTS
- **10:00 Mat Yoga**
- **11:00 Chair Yoga**
- **12:30 Canteen Bingo**

#### HOLIDAYS
- **Happy Hanukkah**
- **Merry Christmas**
- **Happy New Year**