Transportation for medical services:
- **FISH** (Friends in Service Helping) Transportation to/from medical appointments within Westchester, volunteers drive -- for those with no other means of transportation. (914) 478-0688 - 2 days advance.
- **Westfair**: transportation for medical appointments. (914) 764-3533. Donations welcome.
- **RideConnect** M-F & weekends; medical appointments, grocery shopping: call or email for details & apply: (914) 242-7433
  www.rideconnectwestchester.org
- **Para-Transit**: Curb-to-curb transportation services for those unable to use the public bus system.
  Details/apply: (914) 995-2956
  Reservation: (914) 995-7272

We want to hear from you: ideas, services, excursions, questions? Contact

**Entertainment/Programs/Socials/Exercise: Community Center:**
- **Exercise classes** M-F, Sept.—June: Morning classes: Yoga, Senior Sneakers, Aerobics, Tai Chi.
- **Current Events**—Tuesdays 12 noon
- **Busy Bees**: Bingo - Mondays 1-3:30. Senior bus available.
- **Bridge**: Mondays, 12 noon
- **Senior Canteen**: Thurs. 1-3:30 pm. Bingo. Senior bus available.
- **Summer Senior Swim** at Chemka pool. 11:30 - 12:30. Summer weekdays. Senior bus available.
- **Monthly socials, seminars, presentations**: Oct. - July:
  Senior bus available.
- **Check the monthly calendar at the Community Center**

**Transportation: Lunch/Shopping**
Hastings Seniors have their own BUS!
Door-to-door transportation for many senior activities -- call us: (914) 478-2380 ex. 0
- **Embassy Club**: Nutrition Site - 60 Palisades St., Dobbs Ferry, (914) 693-0787- Lunch M-F 11-1.
  Call one day in advance for reservations. Lunch: $3 pp
  Senior bus available.
**Shopping trips** to various stores twice a week: Tues & Wed. AM.
Stores include: Kohl's, ShopRite, KMart, Stop 'n Shop. Senior bus available.
**Food:**
- **Home Delivered Meals** (Meals on Wheels) call (914) 693-8997
- **Grocery store delivery**:
  Hastings Prime Meats:
  (914) 478-2392
  **Farmer's Market**: June - Oct.
  Saturdays, 8:30-1 Library lot
  Nov. - May: every other Saturday at the Community Center.

(2016)
Senior Benefits:
Information Centers -- free counseling on medicare issues:
- Greenburgh Public Library - 300 Tarrytown Rd., Elmsford, N.Y. Mondays 10 - 1 pm (914) 721-8200
- Grinton Will Library - 1500 Central Park Ave., Yonkers, N.Y. - Thursdays 11-3 (914) 337-1500
- AARP Tax-Aide - Dobbs Ferry Library - February 1st - April 15th (914) 693-6614

Greenburgh Livable Communities: assess needs/help people remain actively engaged in their communities. Westchester Jewish Community Services: (914) 761 -0600, ext. 314

Housing: STAR; SCRIE (Senior Citizen Rent Increase Exemption)

Websites:
Village: http://www.hastingsgov.org
Schools: http://www.hohschools.org
Library: http://www.hastingslibrary.org
Westchester County Senior Programs

Senior Organizations: Join the fun!
- Veterans of Foreign Wars, American Legion, Mothers Club, Hastings Schools: (theater, music: all programs free charge to seniors; one performance per year with a catered dinner). Houses of Worship, Southside Athletic Club & more...

- Hastings Public Library: book groups, film series, local author events, art lessons, knitting club, music -- refreshments, companionship and lively engagement. Website: www.hastingslibrary.org (914) 478-3307

Shop in Hastings:
- Senior discount on Thursdays: 10%: Pizza Grill; Prime Meats; Slices; Greenleaf (non prescription items); Indigo, Expressions, Hardware store
- Further discounts: Chou Chou: 15%; Village Cleaners: Daily 10%; Hastings Stationary: 10% off all greeting cards; Bauer Optical: 15% daily discount; Center Restaurant: M - F 3-9pm 10%

HASTINGS ON HUDSON
SENIOR INFORMATION
OUTREACH: Information, resources, support, advocacy
ACTIVITIES & SERVICES
- Classes, socials, holiday events, shopping, transportation, referrals for home healthcare
- Speakers on important subjects
- Information about arts, leisure, educational programs, benefits

PLANNING
Senior Advisory Council meets on the fourth Tuesday of every month at 5:00 PM in the Community Center: comprised of Board of Trustees liaison and Hastings resident volunteers.

Anne Russak: Senior Outreach: (914) 478-2380 x 644
M. & Thurs. 9-3 Tues. 10-3
Senioroutreach@hastingsgov.org
Community Center at 44 Main St
Transportation Village Senior Bus

914 478-2380