

Attendance:

Bill Crosby

Nancy Balaban

Anne Russak

Louise Challop

Cynthia Alligood

Vivian Pronin

Lauren Hyman

Paula Scheiber

We finalized our Senior Sampler event on 4/26

10:30- 11:00

Check in with coffee bagels and Jewelry and an information table.

11:00-11:30 Aromatherapy with Karin Elias

11:45-12:15 Elvis singer (or an exercise class if available)

12:30-1:00 Mindfulness with Ruth Rosenblum

1:00-1:30 Lunch

Anne will send out the flyer next week.

We will charge \$3.00 and Anne will provide the food.

We also discussed Aging in Place. Louise has a speaker that we will invite to our May meeting.

We started to discuss our committee's mission, who we are and what we want to accomplish. We will continue this discussion. Please everyone come to the meeting with your thoughts on this.

Should we be an advocate for change for our senior population? Should we have a purpose?

Our next meeting will be Tuesday 4/24 2 days before our Senior Sampler event at 5.

Please attend as we need everyone's ideas to continue this committee in a purposeful manner.

Spring is almost here!