

Attendance:

Paula Scheiber

Vivian Pronin

Nancy Balaban

Cynthia Alligood

Anne Russak

Louise Challop

Bill Crosby

Lauren Hyman

We discussed our 4/26 Senior Sampler

We have a speaker demonstrating Mindfulness Ruth Rosenblum.

Lauren has 2 people interested.

One does Klezmer Music and the other does Aromatherapy .

We will serve lunch and have space for 1 more speaker. Please send me your thoughts on this.

Louise gave us information on 2 upcoming programs being offered

Aging in Place in Irvington on 3/21

The Purposeful Life on 3/8 in Rye.

We discussed having future events or meetings on Eldercare costs and caregiving and village financial forms and what's available to us.

We would love to have Vivian do a meditation program with us.

We decided not to pursue updating our brochure at this time.

It was determined that I remain chairperson of this committee.

With all of your help, participation and cooperation, I will do my best.

Our next meeting will be 3/27

Please bring up any ideas. thoughts and issues you may have.

Spring is around the corner so smell the flowers and enjoy life!