

Village of Hastings-on-Hudson
Recreation Department
Presents



Zumba[®] is a high-energy, Latin-based exercise routine which features dance and fitness moves. Exercise to salsa and merengue moves and work your way to a fit and toned body.

This program is open to all adults age 18 and over.

Beginners Welcome!

When: Wednesdays

October 10th – November 28th

Time: 7:30 to 8:30 p.m.

Where: James Harmon Community Center

44 Main Street

Hastings-on-Hudson, NY 10706

Instructor: Gina Miller

Fee: \$72 for village residents; \$80 for non-residents.

Registration is required. Please register online at

<http://www.hastingsrecreation.org> or at the James Harmon Community Center during normal hours.

For more information, please contact Sean Florenz at 914-478-2380 ext.600 or sflorenz@hastingsgov.org

Village of Hastings-on-Hudson Recreation Department

ZUMBA REGISTRATION FORM
Fall 2018

Name: _____ **Sex:** M _____ F _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

D.O.B: ____/____/____

Home Phone #: (____) _____ **Cell Phone #:** (____) _____

Email Address: _____

In consideration of your accepting this registration form, I the undersigned, for executors, my administrators, assignees and myself, do hereby discharge the Hastings-on-Hudson Recreation Department, all its sponsors, organizers, and their representatives and successors from all claims of damage demands, action and causes of actions whatsoever, if any manner arising or growing out of my participation in said program. I further attest that I am physically qualified to participate in the program.

Signature: _____ **Date:** _____

For Office Use ONLY:

Payment Rec'd: _____ **Date:** _____ **Initials:** _____