

Village of Hastings-on-Hudson  
Recreation Department  
Presents



Zumba ® is a high-energy, Latin-based exercise routine which features dance and fitness moves. Exercise to salsa and merengue moves and work your way to a fit and toned body.

This program is open to all adults age 18 and over.

**Beginners Welcome!**

When: Wednesdays  
March 29<sup>th</sup> – May 31<sup>st</sup>  
(No class on April 19<sup>th</sup> & May 3<sup>rd</sup>)

Time: 7:30 to 8:30 p.m.

Where: James Harmon Community Center  
44 Main Street  
Hastings-on-Hudson, NY 10706

Instructor: Gina Miller

Fee: \$72 for village residents; \$80 for non-residents.

Registration is required. Please register online at <http://www.hastingsrecreation.org> or at the James Harmon Community Center during normal hours.

For more information, please contact Kyle Crawford at 914-478-2380 ext.600 or [kcrawford@hastingsgov.org](mailto:kcrawford@hastingsgov.org)

**Village of Hastings-on-Hudson Recreation Department**

**ZUMBA REGISTRATION FORM**  
**Spring 2017**

**Name:** \_\_\_\_\_ **Sex:** M \_\_\_\_\_ F \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**D.O.B:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Home Phone #:** (\_\_\_\_) \_\_\_\_\_ **Cell Phone #:** (\_\_\_\_) \_\_\_\_\_

**Email Address:** \_\_\_\_\_

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In consideration of your accepting this registration form, I the undersigned, for executors, my administrators, assignees and myself, do hereby discharge the Hastings-on-Hudson Recreation Department, all its sponsors, organizers, and their representatives and successors from all claims of damage demands, action and causes of actions whatsoever, if any manner arising or growing out of my participation in said program. I further attest that I am physically qualified to participate in the program.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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**For Office Use ONLY:**

**Payment Rec'd:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Initials:** \_\_\_\_\_