



## **Safety Precautions for Volunteers**

As a community build playground volunteer, it is very important for you to realize that you are working on a construction site that is inherently dangerous. It is your responsibility to act in a safe manner while on the site. Please adhere to following safety precautions at all times:

- Many of the parts and materials used to construct a playground are heavy. Please be sure to lift with your legs and not your back. If an object is heavy, be sure to request assistance before attempting to move it. It is your responsibility to ensure you lift properly and do not exceed any lifting limitations you have.
- Holes must be dug and augered into the ground for the playstructure posts and components. Many of these footing holes are 34" deep and may be exposed. It is critical that you be mindful of them as you walk around the site so that you don't step or fall into them.
- Wear safety goggles when using hammers or any machinery such as drills, augers and concrete mixers.
- Wear gloves and safety goggles while cutting the metal banding on pallets.
- Remove debris and product packaging from the site to prevent tripping or falling.
- Be aware of your surroundings. Some of the parts are long, so be careful that you don't hit anyone or anything while carrying them.
- Be sure to drink plenty of water/fluids to prevent dehydration.
- Use of sunscreen is recommended.
- Avoid running while on site.

This is not an exhaustive list. It is meant only to make you aware of some potential hazards they you may encounter as you work on this site. By signing below you are attesting that you have read precautions and agree to follow them while working on this site.

Volunteer Name (Please Print): \_\_\_\_\_

Volunteer Signature: \_\_\_\_\_

Date: \_\_\_\_\_