



# 18th Annual Terry Ryan Memorial Run

**Sunday, November 10<sup>th</sup>, 2019**

**1-mile Fun Run**

**12:30pm**

**5K (3.1 miles), 10K (6.2 miles)**

**1:30pm**

**Free T-shirts for the first 50 5k & 10K registrants!!**

**Start and finish at Hastings High School (Cochrane Gym entrance), School Street, Hastings-on-Hudson**

**Check-In begins at 11:00 a.m. at the Hastings High School Cochrane Gym. Final Check-in no later than 1pm**

**Fee: Prior to November 7<sup>th</sup> - \$15.00**

**On November 10<sup>th</sup> - \$20.00**

**Fun Run - \$5.00**

**Registrations may be mailed to: Hastings Recreation Department**

**Post-marked no later than November 5th**

**7 Maple Avenue, Hastings on Hudson NY, 10706**

**Please make checks payable to: Village of Hastings**



**For further information, contact us at  
[recreation@hastingsgov.org](mailto:recreation@hastingsgov.org)**

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## **Official Entry Blank – Please Print Clearly**

**Please Circle One: 5K 10K 1 Mile Fun Run**

Check #	Runner #	Place	Time

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Male Female Age on Race Day: \_\_\_\_\_ DOB: \_\_\_\_\_ T-Shirt Size: S M L XL

In consideration of your accepting this entry, I, the undersigned, for myself, my executors, administrators and assignees, do hereby release and discharge Westchester Roadrunners, Hastings Recreation Department and any and all sponsors, organizers, and their representatives and successors from all claims of damages, demands, actions, and causes of action, whatsoever, in any manner arising or growing out of my participation in said road race. I further attest that I am physically qualified to participate in this race.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent's Signature (if under 18): \_\_\_\_\_

Date: \_\_\_\_\_