

17th Annual Terry Ryan Memorial Run

Sunday, November 18th, 2018 1-mile Fun Run 12:30pm

5K (3.1 miles), **10K** (6.2 miles)

1:30pm

Free T-shirts for the first 50 5k & 10K registrants!! Start and finish at Hastings High School (Cochrane Gym entrance), School Street, Hastings-on-Hudson

> Check-In begins at 11:00 a.m. at the Hastings High School Cochrane Gym

> > <u>Fee</u>: Prior to November 15th- \$15.00 On November 18th - \$20.00 Fun Run - \$5.00

Registrations may be mailed to: Hastings Recreation Department
Post marked prior to November 9th
7 Maple Avenue, Hastings on Hudson NY, 10706
Please make checks payable to: Village of Hastings

For further information, contact us at recreation@hastingsgov.org

Official Entry Blank		Check #	Runner #	Place	Time
Please Circle One: 5K 10K 1 Mile Fun Run					
Name: Phone #:		E-Mail:			
Address: City:		State:		Zip Code:	
Male Female Age on Race Day:	DOB:	T-Sh	nirt Size:	S M	L XL
in consideration of your accepting this entry, I, the undersigned, for myself, my executors, administrators and assignees, do hereby release and discharge Westchester Roadrunners, Hastings Recreation Department and any and all sponsors, organizers, and their representatives and successors from all claims of damages, demands, actions, and causes of action, whatsoever, in any manner arising or growing out of my participation in said road race. I further attest that I am physically qualified to participate in this race.					
Signature:		Date:			
Parent's Signature (if under 18):		Date:			