



## **GRIT NINJA PROGRAM: AGES 5-12**

**Summer programs are a great and fun way for  
ninjas to stay active this summer!**

**During each action-packed day, ninjas will receive small group obstacle  
instruction to learn new skills, participate in group fitness,  
play fun ninja games and challenge themselves during obstacle course runs!**

**Location: Burke Estate:**

**9:00-10:15 (ages 5-9) Session #1 July 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup>**

**10:30-11:45 (ages 10-12) Session #2 July 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup>**

**Fee \$210 a session  
(Rain Date will be Friday)**



**NAME:** \_\_\_\_\_ **PHONE** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_ **AGE:** \_\_\_\_\_

**E-MAIL ADDRESS:** \_\_\_\_\_

IN CONSIDERATION OF ACCEPTING THIS REGISTRATION FORM, I, THE UNDERSIGNED, FOR MYSELF, MY EXECUTORS, ADMINISTRATORS AND ASSIGNEES, DO  
HEREBY DISCHARGE HASTINGS RECREATION DEPARTMENT, AND ANY AND ALL SPONSORS, ORGANIZERS AND THEIR REPRESENTATIVES AND SUCCESSORS FROM  
ALL CLAIMS OF DAMAGES, DEMANDS, ACTIONS AND CAUSES OF ACTION WHATSOEVER, IN ANY MANNER ARISING OR GROWING OUT OF MY PARTICIPATION IN  
SAID PROGRAM. I FURTHER ATTEST THAT MY CHILD IS PHYSICALLY QUALIFIED TO PARTICIPATE IN THE PROGRAM.

**PARENTS SIGNATURE:** \_\_\_\_\_