

CHEMKA POOL 2024



Village of Hastings-on-Hudson
Recreation Department

GENERAL INFORMATION

POOL HOURS

May 25 - June 26

3:00 pm - 8:00 pm Weekdays*
10:00 am - 8:00 pm Weekends / Holidays
*June 19 12:00 pm - 8:00 pm

Early Morning Swim

June 10 - August 16

6:00 am - 7:30 am Weekdays

June 27- August 16

12:30 pm - 8:00 pm Weekdays
10:00 am - 8:00 pm Weekends

***July 4**

10:00 am - 8:00 pm

August 17 - August 30

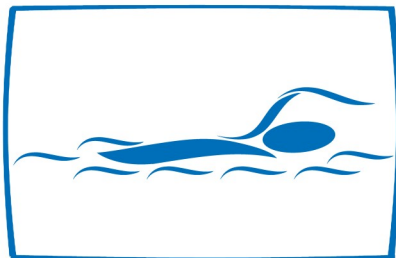
12:00 pm - 8:00 pm Weekdays
10:00 am - 8:00 pm Weekends / Holidays

***Labor Day Weekend (Aug 31 - Sep 2)**

11:00 am - 7:00 pm

September 3 - September 8

3:00 pm - 7:00 pm Weekdays
11:00 am - 7:00 pm Weekends



Have a question? Contact Us:

**Pool Number
914 - 478 - 2511**

Recreation@hastingsgov.org

MEMBERSHIPS & FEES

EARLY BIRD SPECIALS

April 1- April 30

Full Season Family	\$525.00
Split Season Family	\$370.00
Full Season Individual	\$275.00
Full Season Junior Individual	\$135.00
Split Season Individual	\$205.00
Family of Two	\$460.00
Split Season Family of Two	\$330.00

REGULAR SEASON

Starts May 1

Full Season Family	\$570.00
Split Season Family	\$395.00
Full Season Individual	\$305.00
Split Season Individual	\$245.00
Full Season Junior Individual	\$150.00
Family of Two	\$520.00
Split Season Family of Two	\$365.00
Senior Citizen	\$ 99.00
Special/ Caregiver	\$150.00
Early Morning Swim	\$150.00

Non-resident Full Season Family	\$875.00
Non-resident	
Full Season Individual	\$520.00

The Recreation Department believes that everyone should have the opportunity to benefit from our programs. Financial needs-based assistance is available to qualifying individuals for many fee-based programs.

Guest Policy

Guests may only enter the pool with a permit holder who is entitled to guest privileges. All guests must pay fee regardless of whether they use the pool or not.

Fee:

\$10.00 adults

\$5.00 seniors & children under 18

There are no refunds given once a guest pass is issued.



PERMIT EXPLANATIONS

Family: Includes husband, wife or significant other and unmarried children ages 3 - 23 years old living with the family. Three guests allowed per visit. Each guest must pay appropriate fee.

Family of Two: Includes two adults or one adult and child of the same family and any children under 3 years of age. Two guests allowed per visit. Guest must pay appropriate guest fee.

Individual: One guest per visit. Guest must pay appropriate fee.

Junior Individual: Designed for children 14 -17 years of age. One adult guest permitted per visit. Guest must pay appropriate fee. *Due to a new Westchester County rule, Children under the age of 14 **must** be accompanied by an adult.

Senior Citizen: Must be 62 years old to purchase this permit. Proof of age is required at time of purchase. One guest per visit. Guest must pay appropriate fee.

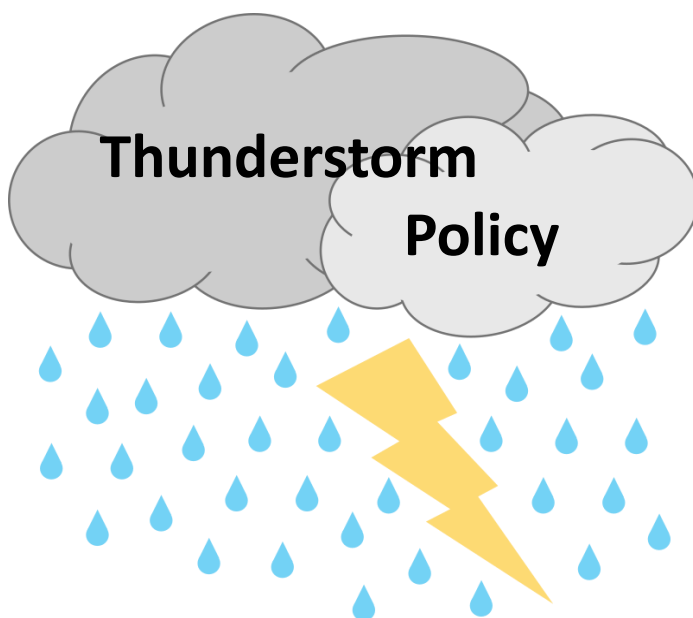
Special: May be purchased in conjunction with a Family membership or Family of two membership. This category is designed for caregivers. May only enter the pool when they are caring for the children or with a family member. No guest privileges.

Split Season: May be purchased for individual or family permits. These are full membership permits valid for the dates purchased.

First half: May 25 - July 13

Second half: July 13 - September 8

Early Morning Swim: A pass created with fitness in mind. Allows an individual to swim only during the early morning swim hours without paying any additional fees. No guest privileges.



The policy for inclement weather is as follows: At the sound of thunder the lifeguard, Pool Director or Assistant Director will announce that the pool is closed. At that time all patrons must either be in the locker rooms or in their cars. No patron is allowed to remain on the grass, decks or in the concession area. From the last sound of thunder the pool will remain closed for 30 minutes. The safety of our patrons is a paramount concern, so the pool may be closed before the first sound of thunder if the Pool Director or Assistant Director feels there is a risk of injury to any person using the facility.

Thank you for your cooperation!

ADULT & SENIOR FITNESS PROGRAMS

Early Morning Swim

Monday - Friday
June 10 - August 16
6:00 am - 7:30 am

Enjoy an early morning workout before work or play throughout the summer months.

Senior Ai Chi

Tuesdays & Thursdays
Dates: TBD
11:45am-12:15pm

Join us for Ai Chi. Our low impact water aerobics exercise class will relax, strengthen and center you.

Senior Swim

Monday - Friday
June 27- August 16
11:30 am - 12:30 pm

Seniors 62 and over can enjoy a relaxing hour in the pool with their peers.

Senior Fitness Classes

Aqua Tone: Mondays & Wednesdays
Dates: TBD
11:45 am - 12:15 pm

Strengthen your muscles, increase your range of motion and enhance your overall fitness.

CHEMKA WEEKEND

Family Day

Sunday, July 14
1:00 - 5:00pm
Fee: Non - Members
\$5.00 Adults
\$3.00 Seniors & Children

Come celebrate with us and enjoy a fun- filled day that includes entertainment and games.

Senior Splash

Sunday, July 14
11:00 - 1:00pm

Join us for a fun filled day of swimming, music and food. All senior residents welcome!

Please Note: during this time the pool will be closed to the public; however it will open early from 8:00am - 11:00am for your convenience.

Chemka Pool Regatta

Saturday, July 13
3:00 pm

Using only duct tape and cardboard teams will try to build a boat that will make it the length of the pool with a two person crew. Details to follow.



SWIM PROGRAMS

Splashers

For Children entering grades K — 6

Fitness, Free Swim, Swim Lessons, and Water Safety!

August 5 - August 9

August 12 - August 16

August 19 - August 23

9:30 am - 11:30 am

***Extended day until 3:00 pm**

***limited availability**

Fee:

9:30 am - 11:30 am

\$150.00 / week

members

\$185.00 / week

non-members

Extended day until 3:00 pm

\$300.00 / week

members

\$340.00 / week

non-members

Aquatics Leadership Academy

More Info Coming Soon

This program is a service learning program for kids. It will offer fun interactive workshops, games, and activities designed to prepare “tweens” to volunteer and or work in a camp/ pool environment in the future. Workshops will include planning and leading games, American Red Cross Community CPR and Junior Lifeguarding, WSI Aide training as well as therapeutic recreation awareness. Participants will then have the opportunity to plan activities and practice their skills with our Little Splashers and Hillside Camp program.

Water Explorers

Designed to get children ages 3 - 4 years old comfortable in the water. This weeklong program will combine swim lessons and water safety. **Children must be toilet trained.**

July 1- July 5* No class July 4th

July 8 - July 12

July 15 - July 19

July 22 - July 26

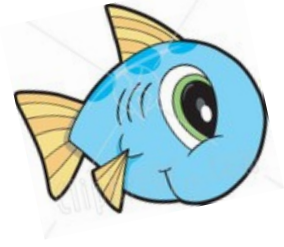
July 29 - August 2

August 5 - August 9

August 12 - August 16

August 19 - August 23

9:30am - 11:30am



Fee:

9:30 am - 11:30 am

\$150.00 (*\$120) / week

members

\$185.00 (*\$155) / week

non-members

Hastings Swim Team

Monday - Friday

7:30 - 8:30am

Fee: \$160.00 members only

The Hastings swim team “The Swarm” will once again be competing as perennial contenders for the championship honors in the Westchester Swimming Conference.

Lap Swimmers Please Note:

The lap lanes will close at 4:00pm when there are home swim meets.

Thank you for your cooperation!



WEEKEND SWIM LESSON PROGRAMS

All classes are taught according to the American Red Cross swim curriculum.

Saturday Swim Lessons

Saturdays (July 6 - August 12)

Parent/Child Adapted Aquatics

9:00 - 9:30 am

Fee: \$110.00 members
\$130.00 non-members

This program is for children with special needs and their parents. It is designed to provide individualized instruction to improve swimming technique, confidence and skills in the water. All levels and abilities are welcome.

Parent and Child Aquatics

9:30 - 10:00 am

Fee: \$110.00 members
\$130.00 non-members

Children must be at least 6 months old to enroll. A parent is required to accompany each child in the water and participate in classes.



Private Lessons

Fee: \$195.00 members
\$280.00 non-members

For adults and children alike, lessons are conducted 1 on 1 with a trained instructor from the Chemka Pool for a total of six lessons of thirty minutes each.

***For non-member swim lessons, please speak with any pool director on duty for more information.**

Sunday Swim Lessons

Sundays (July 7- August 18)

*No Class July 14th

Fee: \$110.00 members
\$130.00 non-members

Preschool Aquatics (ages 3 - 5 years old)

Class A 9:00 am - 9:30 am

Class B 9:30 am - 10:00 am

Aquatics (ages 6 +)

Level 1 A 9:00 am - 9:30 am
B 9:30 am - 10:00 am

Level 2 A 9:00 am - 9:30 am
B 9:30 am - 10:00 am

Level 3/4 A 9:00 am - 9:30 am
B 9:30 am - 10:00 am

Swimming Skill Level Descriptions

Use the below descriptions to help you choose the right class!

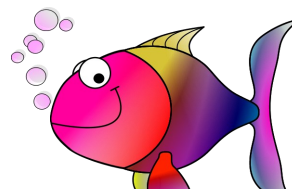
Preschool - Students will work on comfortability and water safety.

Level 1 - Students will work on comfortability and water safety.

Level 2 - Students will work on basic swimming skills.

Level 3 - Students will work on stroke development and continue skill building.

Level 4 - Students will work on stroke improvement and confidence in skills.



RULES & REGULATIONS

GENERAL RULES

1. The Recreation Department reserves the right to confiscate any permit because of negligence, trespassing, theft or destruction of property.
2. Pool may only be used during posted hours.
3. Due to a new Westchester County rule, children under the age of 14 **must** be accompanied by an adult.
4. Smoking anywhere in the facility is prohibited.
5. Solicitation, petitioning, distribution of handbills or other non-recreation department information is prohibited in the pool area.
6. Permit holders must show permits at all times in order to enter the pool area.
7. Bathing suits are required for all patrons.
8. No glass of any kind is permitted inside the pool area.
9. Political campaigning is prohibited inside the pool area.
10. No alcoholic beverages of any kind are permitted in the pool area.
11. No running, shoving or pushing is allowed in the pool area.
12. Paid swim lessons are to be given by trained Chemka pool staff only.
13. Members requesting the use of the pool facility for a special event must fill out a request form. Forms are available at the Recreation Department. Approval must be granted by the Pool Director and will only be given if the event does not interfere with the ordinary use of the pool by the pool members and is scheduled during normal operational hours.
14. Only recreation related information is permitted on the bulletin board, unless permission is given by the Pool Director.
15. If a permit holder is convicted of vandalism, trespassing or destruction of Village property, the permit holders pass will be confiscated. Said permit holder will not be entitled to a refund and may be subject to civil action.
16. All non-toilet trained children must wear swim diapers when using the pools.
17. Diaper changing must be done in the locker rooms and NOT on the pool decks.
18. No person with a skin rash of any kind may enter the water without presenting a written note from a physician attesting to the fact that swimming will not be harmful to self or others.
19. No ball playing is permitted in the pool area.
20. Urinating, spitting, spouting water or blowing your nose in any pool is prohibited.
21. Horseplay is prohibited.
22. Lounging is prohibited on the steps and ladders.

LAP LANE RULES

Swimming is a great form of aerobic exercise. There are certain rules of lap lane swimming etiquette that we would appreciate all lap swimmers to follow.

Please note: There is a 1 hour limit per swim with a maximum of 2 hours per member, per day for lap swimming. All swimmers must sign in at the lap lane table before entering a lane.

1. No swimmer is granted exclusive use of a lap lane.
2. Lap lanes are for serious swimmers only (no horseplay).
3. Jumping in the lap lanes in a disruptive manner is not permitted and may result in ejection from the pool.
4. Children that are on the swim team, or have successfully passed the deep-water test are permitted to use the lap lanes.
5. Any patron who is disruptive or unable to follow the lap lane rules will be asked to leave the lap lane area. Two or more infractions will result in suspension from the pool.

MAIN POOL RULES

1. No diving.
2. Flotation devices, snorkels, masks, fins and all other items not considered part of the bathing suit are prohibited from the pools unless permission is granted by the Pool Director.
3. No swimmer under 4½ feet (54") in height is allowed in the main pool unless accompanied by an adult or swimmer 16 years of age and older.
4. Kickboards may be used by lap swimmers in the lap lanes and by lifeguards giving lessons.
5. Children must pass a "deep-water test" in order to swim in the deep end of the pool (roped out section). The test must be administered by a lifeguard or director on duty. Children must complete two full laps and tread water for two minutes.

SPRAY POOL RULES

1. No diving
2. Children under 7 years old must be accompanied by an adult.
3. Toys and flotation devices may be used. However, the Pool Director reserves the right to limit usage during peak hours.

Please Note: All rules and regulations are subject to change.



STEPS FOR HEALTHY SWIMMING

Without your help, even properly treated pool water can spread germs.

Pool chemicals don't work right away, and pee, poop, sweat, and dirt use up their germ-killing power.

Protect yourself, your family, and your friends from germs in the water.

Follow these **easy steps** to help keep germs out of the water and **stay healthy**:

1

Stay out of the water if you have diarrhea.

2

Shower before you get in the water.

3

Don't pee or poop in the water.

4

Don't swallow the water.

Keep the pee, poop, sweat, and dirt out of the water.

Every hour—everyone out!

- Take kids on bathroom breaks.
- Check diapers, and change them in a bathroom or diaper-changing area—not poolside—to keep germs away from the pool.
- Reapply sunscreen.
- Drink plenty of fluids.

Remember, we share the water—and the germs in it—with everyone.



Learn more at www.cdc.gov/healthyswimming



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention