

# NOVEMBER 2016 HASTINGS SENIOR CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 11:00 Chair Yoga 12:00 Bridge 1:00 Busy Bees Senior Club (Bingo)	1 Shopping Trip to: <b>Stop and Shop</b> 11:00 Senior Sneakers 12:00 p.m.- <b>Current Events</b>	2 Shopping Trip to: <b>Ridge Hill-Yonkers</b>  10:00 Mat Yoga 11:00 Chair Yoga	3 11:00 Aerobics  1:00 p.m.-Senior Canteen (Bingo)	4  11:00 Tai Chi
7  11:00 Chair Yoga 12:00 Bridge 1:00 Busy Bees Senior Club (Bingo)	8 Shopping Trip to: <b>Stop and Shop</b> <b>Election Day-no Senior Sneakers</b> 12:00 p.m.-Current	9 Shopping Trip to: <b>KMart</b>  10:00 Mat Yoga 11:00 Chair Yoga	10 11:00 Aerobics  1:00 p.m. –Senior Canteen (Bingo)	11  <b>Veteran’s Day-Village Offices Closed</b>
14  <b>No Yoga-Thanksgiving Luncheon-12:30</b> 12:00 Bridge <b>No Busy Bees</b> Senior Club (Bingo)	15 Shopping Trip to <b>Stop and Shop</b> 11:00 Senior Sneakers 12 p.m.– Current Events Group	16 Shopping Trip to: <b>ShopRite</b>  10:00 Mat Yoga 11:00 Chair Yoga	17 11:00 Aerobics  1:00 p.m. –Senior Canteen (Bingo)	18  11:00 Tai Chi
21  <b>No Yoga</b>  12:00 p.m.-Bridge  <b>No Busy Bee Bingo</b>	22 Shopping Trip to: <b>Stop and Shop</b> <b>No Senior Sneakers</b> 12:00 Current Events Group	23 Shopping Trip to: <b>ShopRite</b>  <b>No Mat or Chair Yoga</b>	24  <b>Happy Thanksgiving</b>  	25  <b>Village Offices Closed</b>
28  11:00 Chair Yoga 12:00 p.m.-Bridge 1:00 p.m.-Busy Bees Senior Club	29 Shopping Trip to: <b>ShopRite-Tuckahoe</b> 11:00 Senior Sneakers 12:00 p.m. Current Events	30 Shopping Trip to: <b>Kohl’s/Dollar Store</b>  <b>No Mat or Chair Yoga</b>	 <b>Don’t forget to thank a veteran this month for all they have sacrificed</b>	 <b>To register for programs and transportation call 478-2380 Ext. “0” Anne Ext. 644</b>

**November 5th Grace Church, Monday, November 14th Thanksgiving Luncheon. Coming December 1st-Art Workshop, and Grace Church on December 3rd**